

MURDERED PASTOR SENT MESSAGES TO BERNSTORFF

Telegrams to German Envoy
From Supposed Victim of
Plot Dealt With War.

GARY, Ind., Aug. 31.—There was growing belief to-day that Rev. Edward Kayer, murdered one week ago to-night, was killed by adherents of the allied cause. Telegrams which the Lutheran minister sent to Ambassador Bernstorff, made public to-day, showed, it is claimed, that if Kayer was not in the pay of the German Imperial Government, he was at least an active voluntary worker in the German cause, and did many things which were meant to push the arms embargo cause and hinder shipment of war munitions to Germany's enemies.

"The Germans of Gary," read one telegram to Bernstorff, sent them a telegram operator who sent them, "recent manufacture of war munitions to the allies in the United States and will do all in their power to stop their manufacture." Another read: "The Germans of Gary are willing to do as much for the fatherland as the Germans who are fighting in Europe." A third read: "Accept my heartiest congratulations on your marriage."

Federal officials who have been investigating the spy charges declared to-day that these might very easily have been code messages. Their sounding frankness and "face value openness," as one Federal official put it, made them ideal samples of code messages.

Kayer, it was learned to-day, had evoked great interest in the arms embargo conference.

Coroner Frank Smith of Lake County began his formal inquest into the death of Kayer to-day. The police have no clue to the slayers.

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Just bathe the affected surface with Cuticura Soap and hot water, dry and apply Cuticura Ointment. Relief in most cases is immediate and treatment complete, speedy and permanent.

Cuticura Soap and Ointment sold everywhere. Largest supply of each mailed free with 25¢ box. Address post-card "Cuticura," Dept. 8, Boston.

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These pianos sell regularly at \$350. You save \$140 by buying now. Many case designs and a wide variety of woods to choose from. TO-MORROW ONLY.

\$5 Down, \$5 Monthly
NEW 88-NOTE
Player-Pianos

Close affiliation with the largest factories in the country enables us to place these latest model 88-note players on sale. The regular price is \$600. You save \$140. TO-MORROW ONLY.

CONVENIENT TERMS OF PAYMENT
12 ROLLS OF MUSIC and Fine Bench with Player
YOUR USED PIANO Taken in Exchange

KNABE
WAREROOMS, 5th Av. & 39th St.
Supreme in Victor Service—Convenient Terms

HOME GYMNASIUM FOR WOMEN To Preserve Health, Strength and Figure

A New Series of Illustrated Lessons, Showing How Every Woman May Have an Inexpensively Equipped Gymnasium in Her Own Home, and Teaching Games and Exercises Which Promote Excellent Physical Condition.

NO. 1—TURKISH TOWEL RUBS.

By Pauline Furlong.

The Evening World's Authority on All Questions of Women's Physical Well Being.

A great number of my readers do not realize how many really beneficial exercises may be taken with the material at hand in the home, so I shall mention a few of these in the weeks in which I am helping you to furnish your home gymnasium.

We shall begin with the Turkish towel rub, one of which is illustrated to-day. Use a rough and heavy towel at least four feet long to obtain best results.

It may surprise some of my readers to learn that I suggest the Turkish towel rub before and not after the bath, as the vigorous rubbing will leave you in a perspiration, which may lead to a bad cold, just as a hot bath without a cold shower would do.

You may take the rub as a regular exercise, as it is as strenuous as any previously shown, or you may take five minutes' exercise and then the rub down for at least five minutes more. In either case, wring the towel out of very cold water, grasp it firmly by both ends and rub back and forth just as strenuously as you possibly can. The Turkish towel rubs have the added advantage of giving you a massage as well as exercising the muscles.

You should feel warm and all aglow after the rub, and if you are chilled the water was too cold. Remember that if you work fast you will feel exhilarated and toned up, and this is the object of the rub. If you have not followed the exercises shown in the past series do not be too strenuous with the Turkish towel rub at first, for if you are you will be stiff and sore. Like the others, begin with a few easy movements and gradually work up to the more difficult ones of bending and stooping, which are so beneficial. Breathe regularly and deeply through the nose while rubbing.

This exercise is especially recommended just before retiring, as then the danger of taking cold is considerably lessened. If it keeps you awake take it before breakfast and follow it with an alcohol rub for a minute or two. If you are in a perspiration and the body feels damp after the rub, use a dry towel to absorb this moisture before using the alcohol.

Follow your rub with an air and sun bath for a few minutes if possible, but do not stand directly in a draught.

The picture shown to-day will give you an idea of the size of the towel rub, and illustrates a splendid shoulder and arm exercise.

A DIFFICULT EXERCISE. For another excellent exercise sit in a chair and, raising one knee, rest the heel on the other knee. Then begin the towel rubbing across shoulders and back. This exercise brings into action many dormant muscles, strengthens the weak back, aids digestion, overcomes constipation and reduces obese abdomen. This position, while not an easy one, should not be difficult for my regular followers to assume.

To-morrow I shall illustrate and describe some beneficial exercises which may be taken in bed.

Readers of Miss Furlong's articles are invited to write to her, in care of The Evening World, requesting information that will aid them in following her illustrated lessons.

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Letters From Evening World Readers Following Miss Furlong's Lessons.

K. R. D. writes: "I have been following your course in The Evening World and have had wonderful results in reducing every part of my body but my hands, which have ridges of fat on them. What shall I do to take this off?"

Tensing exercises will be shown in these columns later. These will include illustrations for beautifying the hands. Try stretching the fingers and bending them while tensed; also hold the wrist high up off the table and strike hard with each finger. This will exercise the muscles and reduce the superfluous fat.

M. B. W. asks: "Could I add a few drops of essence of rose to the cucumber ointment?"

Yes.

Miss D. J. writes: "I have followed your course in The World and have found it of great interest and benefit. I am troubled with perspiration in the palms of the hands. What causes this and how can I overcome it?"

Perspiring hands are the result of a nervous condition. Any of the following applications may be used with beneficial effect: Alcohol or witch hazel rubbed on the palms several times a day will help overcome the perspiring. The following is also good for them: Alcohol, one ounce; belladonna, half ounce. Mix and use often.

Mrs. H. E. O. writes: "I have several of your lessons on reducing and find that after following some of your advice I feel much better. I would like very much to obtain all of the lessons, but as many as you have. Please tell me how I may do so. I am 5 feet tall and weigh 140 pounds and look very fat and clumsy. How much should I weigh?"

Send 1 cent each, and 5 cents postage, for the articles after July 24. These contain most of the articles on reducing, also menus and diet for obesity. Five feet tall calls for 100 pounds only.

REDUCING FAT SHOULDERS. M. M. writes: "Your lessons in 'The World' have done me a world of good and I am just what you said they would be, a pleasure to do. I simply cannot get the fat off the back of my shoulders. What special exercise will do so? Will you publish the menus for the fat lady, as you did the thin one last week?"

Any strenuous exercise with the arms will remove the fat from the shoulder blades. The correct is responsible for most of the lumps of fat so hard to remove from this spot. The menus for obesity were published again Friday, Aug. 27.

MARY K. AND OTHERS: "How long will it take for the exercise and diet to show results and really reduce the fat?"

This is a question that is asked me many times each day in my mail. I have repeatedly said that it took many years to accumulate this adipose tissue and it will not disappear in a day or week. Only will power, hard work and self-denial will accomplish the desired results. It is not an easy matter to reduce superfluous flesh. The length of time depends entirely on the individual—your physical condition, the amount of time you allow for the exercise each day, and what you eat and drink. It is not possible for me to state any definite time for these reasons, which are very practical ones. It is better to take the exercises little and often rather than once in a while, when you feel in a strenuous mood. It is not healthy to reduce more than a pound or two a week.

S. F. asks: "Please tell me how to reduce the hips without running, as it makes my head go around."

Leg circulating and stationary running will reduce the hips.

NO CASE HOPELESS. M. K. T. writes: "Where can I get the electric light baths you advise? I am only twenty-nine and weigh 190. I think my case is hopeless."

No case is hopeless unless you care to give up and think it is. Much larger women than you have written me that they have lost thirty pounds and more, and the fact that you are young will help matters that much more. Send for the back copies (one cent for each and postage), if you have not collected them. They contain the various exercises and diet that you need. Mention the date to me (after July 24 papers). The electric light baths may be had in some gymnasiums, or you can purchase one and use it in the home. They are not cheap to buy, but bring re-

sults, and are much more economical in the end than paying for each bath in a professional place.

MRS. H. C. D. asks: "Would a strict diet of fruit and buttermilk reduce me more quickly? I am five feet seven and weigh 170 pounds. I must reduce twenty pounds by the first of December. Please tell me the best way. Your articles are wonderful, and they have helped me so much already and made me feel splendid."

I do not advise a strict diet of any one or two foods. If you follow the diet given you will surely lose the twenty pounds in three months. Always leave the table just a little hungry, eat but two meals a day and plenty of fruit and salad. This will break the monotony of the diet and still not make fat. Exercise and perspire freely at least once a day, and rub with alcohol to prevent cold. It is not hard to lose so little weight. One hundred and fifty pounds is what you should weigh.

SENDS WIRELESS TO SEA IN AID OF PRISONER

Bride of Accused Flashes Appeal for Help to Millionaire, Said to Be Father of Her Husband.

(Special to The Evening World.) NEW ORLEANS, La., Aug. 31.—Albert K. Hayes, twenty-seven years old, who says he is the son of a Cleveland millionaire, is in prison here charged with passing worthless checks. His father, he declares, is cruising off the coast at Key West, Fla., in his palatial yacht Luella. Aerograms are being sent broadcast to the elder Hayes by the prisoner's bride in an effort to get aid for her husband.

Hayes says he was employed in his father's auto factory in Cleveland until nine months ago, when he married a waitress in a Mid-west town, which led to a breach with his father. The bride of Hayes is eighteen and pretty.

WYOMING TRADE CEASES FOR PERSHING FUNERAL

People of Larger Towns Pay Silent Tribute as Services Are Held for Four Victims of Fire.

CHEYENNE, Wyo., Aug. 31.—Funeral services for Mrs. John J. Pershing and her three daughters, who perished in a fire at the Presidio, San Francisco, last week, were to be held here late to-day, Bishop N. S. Thomas officiating. All business in the larger Wyoming towns was to cease during the services out of respect for the dead.

The funeral party, which arrived early to-day from the Presidio, included Gen. John J. Pershing, United States Senator Warren of Wyoming, father of Mrs. Pershing, and other members of the Warren family.

The funeral procession from the train to the home of Senator Warren passed between long rows of citizens and representatives of fraternal societies, who stood with bowed heads. At Lakeview Cemetery one grave was made ready to receive the four bodies after the ceremonies at 4 o'clock.

Killed Jumping From Train. Benjamin Gansberg, twenty-three, a clerk of No. 180 East One Hundred and Ninth Street, was killed to-day by a freight train on the New Haven road. Gansberg attempted to jump from a train to the City Island station platform. The body was taken to the Fordham morgue.

PIGEON FLIES 2,200 MILES. Covers Distance in 5 Days and 9 1/2 Hours, Making New Record.

LOS ANGELES, Cal., Aug. 31.—Announcement was made to-day that "Ben Holt," a carrier pigeon, had established a new long distance flight of approximately 2,200 miles from Norwalk, O., to this city. It made the trip in 5 days, 9 hours and 31 minutes, arriving yesterday.

The best previous flight, according to records, was made in 1912 by a bird which covered 1,000 miles in 3 days, 9 hours, 45 minutes and 12 seconds.

GERMAN SPY FIGHTS AGAINST EXTRADITION FOR TRIAL IN ENGLAND

Lincoln Gets Delay Because His Lawyer Is Forced to Withdraw.

On the plea that his lawyer had been called suddenly to the Pacific Coast and could not therefore continue in his defense, Ignatius Time-theus Treditch Lincoln, the confessed German spy, who is wanted by the British Government for forgery, secured an adjournment for three days in the Federal District Court, Brooklyn, to-day Judge Van Vachtien Vender, as he granted the adjournment, said:

"I will put the case over until Friday, but at that time it must go on. This defendant is wanted by the British Government for forgery. He cannot be tried for any political offense which occurred prior to the time of extradition. Great Britain is not under martial law. The courts are open, and it must be presumed that justice will be done."

Morris Cukor, who has been Lincoln's counsel, explained to the Court at the opening of the urgency of his withdrawal from the case and Lincoln addressed the Judge. He said that his new attorneys had not had an opportunity to go into the case with him.

After the adjournment Charles Fox, representing the British Consul's office, said that the papers sent here

from England were strong enough to warrant Lincoln's extradition. The complaint was signed by Hugh A. Ford, the British Vice Consul, and the amount involved in the forgery was \$500.

The attorney said that it was the intention of the British Government to try Lincoln on a forgery charge and nothing else. Anything more would be a violation of the treaty between this country and Great Britain, he said.

Assistant United States District Attorney Samuel J. Bell, represented this Government. He said that after an examination of the papers he could see no reason why Lincoln should not be extradited.

GIRL JOYRIDE GUEST HURT IN AUTO UPSET

Miss Nolan Taken to Hospital from Central Park and Chauffeur Is Locked Up.

Miss Anna Nolan, twenty-one years old, of No. 602 East One Hundred and Thirty-eighth Street, guest of honor on a joy ride, was the only person hurt early to-day when a touring car mounted an embankment in Central Park and upset near Seventy-third Street. She is in Flower Hospital suffering from cuts and bruises and possible internal injuries.

Harold Gallagher, twenty-one, owner of the automobile, was locked up in the East Sixty-seventh Street Station on a charge of operating a machine while intoxicated. According to the police, he and Edward Kierman of No. 719 Thirteenth Avenue, the Bronx, took Miss Nolan to City Island, Coney Point and other resorts, and then early to-day made a tour of the lower part of Manhattan.

While coming up the East Drive, according to Gallagher, another motorist shouted to them there had

been a murder up the road and they ran on a little ahead in excitement. At a sharp curve the car hit a hill and overturned. All fell clear, and Police-man Mallon found only the girl hurt.

1,361 DIED IN WEEK.

Mortality Higher Than in Same Period of Last Year.

According to figures supplied by the Department of Health there were during the week just ended twenty-four more deaths than during the corresponding week of last year. The exact number of persons that died during the past week was 1,361, compared with 1,337 for the week ending Aug. 25, 1914.

The important feature in the report for the past week is the increased mortality from typhoid fever. In the twenty-four hours from this disease last week twelve occurred in Brooklyn, and forty-one, none cases were reported in that borough at about twenty-five in the remaining four boroughs. The heaviest mortality occurred in the Eighth Ward of Brooklyn, of the contagious disease whirling rough was the only one that showed an increase.



Three words to the wise—wear Harris Glasses. They're best for your eyes.

Harris Glasses cost \$2 or more.

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420 Fifth St., opposite A. & C., Brooklyn.
603 Broad St., Next to Strass Co., Newark.

Beginning Wednesday, September 1st,
The Store will be open daily, including Saturdays, from 9 A. M. to 6 P. M.

Stern Brothers

42nd and 43rd Streets, West of Fifth Avenue.

Annual September Sale of High Grade China and Glassware

(Beginning To-morrow, on the Fourth Floor)

The products of practically every well-known pottery in Europe and America are well represented, and since our purchases fortunately were made before the general advance in prices

The economies offered are most exceptional, as the following partial list will indicate:

American Porcelain Dinner Sets, 107 pcs; in flowered border designs; regular price \$18.75, . . . at \$11.85	Theo. Haviland China Dinner Sets, 100 pieces; decorated chain leaf border and rosebuds; regularly \$39.00, \$27.50
Austrian China Dinner Sets, 100 pieces; in various designs; regular price \$22.00, . . . at \$14.75	Theo. Haviland China Dinner Sets, 108 pcs, green and pink border, gold edges and handles; regularly \$45.00, \$32.00
Limoges China Dinner Sets, 107 pcs; coin gold lines, edges and handles; regular price \$35.00, at \$25.00	Fine China Dinner Sets, 107 pcs, laurel leaf acid gold border, regular price \$79.00, . . . at \$59.00
Fine French China Dinner Sets, 106 pieces; wide acid en-crustured gold border and handles; regular price \$135.00, at \$100.00	

In Our Glassware Section

Glass Table Service, 60 pieces; choice of gold band, needle etch or optic designs; regularly to \$12.50, \$8.50	Glass Table Service, 60 pieces; Imported glass, wide gold band top and bottom; regular price \$37.50, \$28.00
Glass Table Service, 60 pieces; Imported old Chippendale design; regular price \$21.50, . . . at \$16.00	Glass Table Service, 60 pieces; English rock crystal, handsomely engraved; regular price \$66.00, at \$67.00

Rich American Cut Glass

consisting of Jugs, Bowls, Vases, Ice Cream Trays, Celery Trays, Sugar and Cream Sets, Nappies, Mayonnaise Plates, Fern Dishes, Compotes, etc.; Values \$4.00 to \$6.00, . . . at \$2.50

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High Class Apartments, like Grand Opera Boxes and Theatre Seats, are reserved by far-seeing New Yorkers well in advance.

If you expect to move Oct. 1st there is no time to lose. You should apply for the Apartment you seek without a moment's delay.

20,417 World "TO LET" Ads. Last Month
10,242 MORE Than the Herald, Times, Sun, Tribune and Press ADDED TOGETHER!

If You Have Many Apartments for Rent Use 7-Time World Ads. to Multiply Results!

Business Hours until September 15th:
9 A. M. to 5 P. M. 12 Noon on Saturdays.

B. Altman & Co.

A Clearance Sale of
Misses' Washable Dresses
will be held to-morrow (Wednesday)
offering a number of styles,
at the extraordinarily reduced prices of

\$1.50 & \$2.75

(Department on Second Floor)

Fifth Avenue—Madison Avenue,

34th and 35th Streets

New York